

| PI | NOM | Temps | | | | | | | | | | | | | | |
|-----|-----------------------------------|---------|---------|---------------|--------------|-------------|--------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| (2) | | | | 1.5 km | 30 m | 11 P | | | | | | | | | | |
| | | 1(31) | 2(32) | 3(34) | 4(35) | 5(36) | 6(50) | 7(65) | 8(67) | 9(70) | 10(39) | 11(100) | Arr | | | |
| 1 | Rossier Jonathan CA Rosé | 18:09 | 1:46 | 3:17 | 6:58 | 7:50 | 10:04 | 11:20 | 12:29 | 14:16 | 15:07 | 16:06 | 17:30 | 18:09 | 17:33 | |
| | | | 1:46 | 1:31 | 3:41 | 0:52 | 2:14 | 1:16 | 1:09 | 1:47 | 0:51 | 0:59 | 1:24 | 0:39 | *100 | |
| 2 | Van der burgt Alec CA Rosé | 28:24 | 8:59 | 10:18 | 12:09 | 13:41 | 18:51 | 20:12 | 21:33 | 23:39 | 24:42 | 26:01 | 27:36 | 28:24 | 27:38 | |
| | | | 8:59 | 1:19 | 1:51 | 1:32 | 5:10 | 1:21 | 1:21 | 2:06 | 1:03 | 1:19 | 1:35 | 0:48 | *100 | |
| (2) | | | | 1.6 km | 60 m | 11 P | | | | | | | | | | |
| | | 1(47) | 2(34) | 3(33) | 4(32) | 5(35) | 6(71) | 7(36) | 8(37) | 9(38) | 10(39) | 11(100) | Arr | | | |
| 1 | Bochud Maxime CA Rosé | 27:45 | 2:28 | 3:56 | 7:08 | 9:06 | 12:13 | 15:05 | 17:05 | 20:30 | 22:38 | 25:22 | 27:18 | 27:45 | | |
| | | | 2:28 | 1:28 | 3:12 | 1:58 | 3:07 | 2:52 | 2:00 | 3:25 | 2:08 | 2:44 | 1:56 | 0:27 | | |
| 2 | Bochud Sébastien CA Rosé | 29:14 | 3:39 | 5:15 | 8:28 | 10:32 | 13:37 | 16:29 | 18:31 | 22:05 | 24:04 | 26:52 | 28:09 | 29:14 | 28:09 | |
| | | | 3:39 | 1:36 | 3:13 | 2:04 | 3:05 | 2:52 | 2:02 | 3:34 | 1:59 | 2:48 | 1:17 | 1:05 | *100 | |
| | | | 28:46 | | | | | | | | | | | | | |
| | | | *100 | | | | | | | | | | | | | |
| (2) | | | | 2.5 km | 130 m | 14 P | | | | | | | | | | |
| | | 1(62) | 2(46) | 3(57) | 4(69) | 5(68) | 6(48) | 7(47) | 8(73) | 9(35) | 10(71) | 11(37) | 12(66) | 13(39) | 14(100) | |
| 1 | Renaud Rémi ANCO | 46:08 | 4:30 | 9:58 | 15:40 | 19:11 | 21:21 | 26:39 | 32:25 | 34:19 | 35:59 | 37:32 | 40:16 | 42:04 | 44:59 | 45:48 |
| | | | 4:30 | 5:28 | 5:42 | 3:31 | 2:10 | 5:18 | 5:46 | 1:54 | 1:40 | 1:33 | 2:44 | 1:48 | 2:55 | 0:49 |
| | | | 46:08 | | | | | | | | | | | | | |
| | | | 0:20 | | | | | | | | | | | | | |
| 2 | Nagel Maximilian OLG Murten | 54:02 | 4:45 | 10:11 | 16:45 | 21:35 | 23:25 | 29:43 | 32:52 | 34:55 | 36:18 | 40:34 | 43:35 | 45:38 | 52:39 | 53:27 |
| | | | 4:45 | 5:26 | 6:34 | 4:50 | 1:50 | 6:18 | 3:09 | 2:03 | 1:23 | 4:16 | 3:01 | 2:03 | 7:01 | 0:48 |
| | | | 54:02 | | | | | | | | | | | | | |
| | | | 0:35 | | | | | | | | | | | | | |
| (3) | | | | 2.8 km | 165 m | 15 P | | | | | | | | | | |
| | | 1(44) | 2(45) | 3(68) | 4(75) | 5(41) | 6(76) | 7(63) | 8(61) | 9(48) | 10(59) | 11(71) | 12(53) | 13(66) | 14(52) | |
| | | 15(100) | Arr | | | | | | | | | | | | | |
| 1 | Bührer Matthieu CA Rosé | 32:02 | 5:00 | 6:54 | 9:38 | 12:34 | 14:07 | 15:35 | 18:03 | 19:54 | 21:17 | 25:04 | 26:08 | 27:50 | 29:28 | 30:40 |
| | | | 5:00 | 1:54 | 2:44 | 2:56 | 1:33 | 1:28 | 2:28 | 1:51 | 1:23 | 3:47 | 1:04 | 1:42 | 1:38 | 1:12 |
| | | | 31:42 | 32:02 | | | | | | | | | | | | |
| | | | 1:02 | 0:20 | | | | | | | | | | | | |
| 2 | Boscacci Davide CA Rosé | 1:15:53 | 8:43 | 11:26 | 16:43 | 24:38 | 29:34 | 31:27 | 37:45 | 41:38 | 45:02 | 58:32 | 1:02:45 | 1:08:18 | 1:11:30 | 1:13:25 |
| | | | 8:43 | 2:43 | 5:17 | 7:55 | 4:56 | 1:53 | 6:18 | 3:53 | 3:24 | 13:30 | 4:13 | 5:33 | 3:12 | 1:55 |
| | | | 1:15:23 | 1:15:53 | | 42:31 | | | | | | | | | | |
| | | | 1:58 | 0:30 | | *32 | | | | | | | | | | |
| 3 | Hejda Rémi CA Rosé | 1:55:45 | 17:04 | 26:42 | 34:19 | 44:37 | 49:31 | 52:24 | 1:00:09 | 1:10:20 | 1:14:27 | 1:18:04 | 1:21:41 | 1:29:58 | 1:43:09 | 1:51:44 |
| | | | 17:04 | 9:38 | 7:37 | 10:18 | 4:54 | 2:53 | 7:45 | 10:11 | 4:07 | 3:37 | 3:37 | 8:17 | 13:11 | 8:35 |
| | | | 1:55:00 | 1:55:45 | | | | | | | | | | | | |
| | | | 3:16 | 0:45 | | | | | | | | | | | | |
| (9) | | | | 4.0 km | 210 m | 21 P | | | | | | | | | | |
| | | 1(60) | 2(63) | 3(58) | 4(42) | 5(41) | 6(40) | 7(55) | 8(56) | 9(76) | 10(75) | 11(68) | 12(45) | 13(64) | 14(44) | |
| | | 15(47) | 16(73) | 17(59) | 18(53) | 19(54) | 20(52) | 21(100) | Arr | | | | | | | |
| 1 | Soldini Jonas CA Rosé | 35:20 | 2:02 | 3:57 | 5:34 | 7:49 | 10:21 | 12:33 | 14:30 | 15:05 | 16:40 | 17:32 | 19:16 | 21:02 | 22:55 | 23:32 |
| | | | 2:02 | 1:55 | 1:37 | 2:15 | 2:32 | 2:12 | 1:57 | 0:35 | 1:35 | 0:52 | 1:44 | 1:46 | 1:53 | 0:37 |
| | | | 25:32 | 26:07 | 28:22 | 30:55 | 32:06 | 34:07 | 35:02 | 35:20 | | 9:22 | | | | |
| | | | 2:00 | 0:35 | 2:15 | 2:33 | 1:11 | 2:01 | 0:55 | 0:18 | | *75 | | | | |
| 2 | Risse TERENCE CA Rosé | 36:28 | 2:26 | 4:34 | 6:27 | 8:48 | 11:20 | 13:47 | 15:49 | 16:33 | 18:44 | 20:10 | 22:10 | 23:53 | 24:53 | 25:33 |
| | | | 2:26 | 2:08 | 1:53 | 2:21 | 2:32 | 2:27 | 2:02 | 0:44 | 2:11 | 1:26 | 2:00 | 1:43 | 1:00 | 0:40 |
| | | | 27:20 | 28:17 | 30:14 | 32:22 | 33:18 | 35:01 | 36:05 | 36:28 | | | | | | |
| | | | 1:47 | 0:57 | 1:57 | 2:08 | 0:56 | 1:43 | 1:04 | 0:23 | | | | | | |
| 3 | Humbel Dominik OLG Cordoba | 43:43 | 2:38 | 5:14 | 7:34 | 10:24 | 12:53 | 15:40 | 18:03 | 18:52 | 21:31 | 22:49 | 24:51 | 26:50 | 28:42 | 30:43 |
| | | | 2:38 | 2:36 | 2:20 | 2:50 | 2:29 | 2:47 | 2:23 | 0:49 | 2:39 | 1:18 | 2:02 | 1:59 | 1:52 | 2:01 |
| | | | 32:42 | 33:28 | 35:59 | 38:35 | 40:07 | 42:14 | 43:18 | 43:43 | | 10:45 | | | | |
| | | | 1:59 | 0:46 | 2:31 | 2:36 | 1:32 | 2:07 | 1:04 | 0:25 | | *69 | | | | |
| 4 | Renaud Gilles ANCO | 44:58 | 3:26 | 5:43 | 7:37 | 10:14 | 13:35 | 16:31 | 18:36 | 19:36 | 21:50 | 23:07 | 25:24 | 27:18 | 28:35 | 29:24 |
| | | | 3:26 | 2:17 | 1:54 | 2:37 | 3:21 | 2:56 | 2:05 | 1:00 | 2:14 | 1:17 | 2:17 | 1:54 | 1:17 | 0:49 |
| | | | 31:48 | 32:43 | 36:36 | 39:31 | 40:58 | 43:19 | 44:31 | 44:58 | | 12:15 | | | | |
| | | | 2:24 | 0:55 | 3:53 | 2:55 | 1:27 | 2:21 | 1:12 | 0:27 | | *75 | | | | |
| 5 | Probst Marc OLG Bern / ol nors | 47:06 | 4:43 | 7:25 | 9:55 | 13:14 | 15:58 | 18:54 | 21:16 | 22:01 | 24:40 | 26:01 | 28:13 | 30:34 | 31:58 | 32:53 |
| | | | 4:43 | 2:42 | 2:30 | 3:19 | 2:44 | 2:56 | 2:22 | 0:45 | 2:39 | 1:21 | 2:12 | 2:21 | 1:24 | 0:55 |
| | | | 35:10 | 36:02 | 38:55 | 41:41 | 43:12 | 45:20 | 46:35 | 47:06 | | | | | | |
| | | | 2:17 | 0:52 | 2:53 | 2:46 | 1:31 | 2:08 | 1:15 | 0:31 | | | | | | |
| 6 | Salzmann Daniel OLG Skandia | 49:19 | 2:38 | 5:32 | 7:45 | 11:04 | 13:41 | 17:00 | 19:30 | 20:30 | 22:58 | 24:27 | 26:51 | 29:09 | 31:11 | 32:05 |
| | | | 2:38 | 2:54 | 2:13 | 3:19 | 2:37 | 3:19 | 2:30 | 1:00 | 2:28 | 1:29 | 2:24 | 2:18 | 2:02 | 0:54 |
| | | | 34:31 | 35:28 | 38:16 | 42:02 | 45:03 | 47:36 | 48:50 | 49:19 | | | | | | |
| | | | 2:26 | 0:57 | 2:48 | 3:46 | 3:01 | 2:33 | 1:14 | 0:29 | | | | | | |
| 7 | Kessler Sébastien CA Rosé | 51:37 | 5:07 | 8:23 | 10:39 | 13:33 | 16:04 | 18:58 | 22:05 | 23:13 | 26:20 | 27:43 | 30:23 | 33:04 | 34:38 | 35:35 |
| | | | 5:07 | 3:16 | 2:16 | 2:54 | 2:31 | 2:54 | 3:07 | 1:08 | 3:07 | 1:23 | 2:40 | 2:41 | 1:34 | 0:57 |
| | | | 38:30 | 39:34 | 42:24 | 45:55 | 47:45 | 49:59 | 51:13 | 51:37 | | | | | | |
| | | | 2:55 | 1:04 | 2:50 | 3:31 | 1:50 | 2:14 | 1:14 | 0:24 | | | | | | |
| 8 | Streit Christoph ol norska | 59:14 | 3:31 | 6:23 | 9:21 | 12:27 | 15:11 | 18:25 | 21:26 | 22:19 | 26:57 | 29:09 | 31:57 | 34:39 | 36:33 | 37:30 |
| | | | 3:31 | 2:52 | 2:58 | 3:06 | 2:44 | 3:14 | 3:01 | 0:53 | 4:38 | 2:12 | 2:48 | 2:42 | 1:54 | 0:57 |
| | | | 40:11 | 41:20 | 44:39 | ----- | ----- | ----- | ----- | 59:14 | | | | | | |
| | | | 2:41 | 1:09 | 3:19 | | | | | 14:35 | | | | | | |

| PI | NOM | Temps | | | | | | | | | | | | | |
|----------|--|---|--|---|--|--|--|--|--------------------------------|-------|--------|---------|--------|--------|---------|
| (5) | | | | 2.5 km | 160 m | 14 P | (suite) | | | | | | | | |
| | | 1(61) Arr | 2(49) | 3(68) | 4(42) | 5(76) | 6(41) | 7(46) | 8(64) | 9(44) | 10(59) | 11(43) | 12(51) | 13(52) | 14(100) |
| 3 | Baumann Hans OLK Wiggertal | 1:07:10 | 3:51 17:06 3:51 13:15 1:07:10 0:43 | 23:08 25:36 6:02 2:28 | 30:15 32:23 4:39 2:08 | 41:26 47:38 9:03 6:12 | 49:39 55:00 5:21 3:49 | 1:01:30 1:04:18 2:41 2:48 | 1:06:27 2:09 | | | | | | |
| 4 | Fahrer Heinz OLG Bern | 1:13:29 | 4:40 22:03 4:40 17:23 1:13:29 0:54 | 25:50 27:40 3:47 1:50 | 31:38 34:16 3:58 2:38 | 40:51 51:16 6:35 10:25 | 52:54 1:02:17 1:06:07 1:07:24 1:10:05 1:12:35 | 1:06:07 1:07:24 1:10:05 1:12:35 | 1:12:35 2:30 | | | | | | |
| 5 | Strauss André OLG Thun | 1:31:39 | 7:09 21:34 7:09 14:25 1:31:39 1:07 | 29:26 32:26 7:52 3:00 | 37:07 39:56 4:41 2:49 | 49:49 57:31 9:53 7:42 | 59:29 1:10:47 1:15:45 1:18:02 1:26:59 1:30:32 | 1:15:45 1:18:02 1:26:59 1:30:32 | 3:33 | | | | | | |
| (1) | | | | 1.6 km | 60 m | 11 P | | | | | | | | | |
| | | 1(47) | 2(34) | 3(33) | 4(32) | 5(35) | 6(71) | 7(36) | 8(37) | 9(38) | 10(39) | 11(100) | Arr | | |
| | Renaud Jeanne ANCO | pm | ----- 19:09 19:09 | 23:36 25:29 4:27 1:53 | 27:17 30:11 1:48 2:54 | 31:25 34:42 3:17 2:55 | 37:37 40:10 2:33 1:32 | 41:42 42:10 0:28 | | | | | | | |
| (2) | | | | 2.5 km | 130 m | 14 P | | | | | | | | | |
| | | 1(62) Arr | 2(46) | 3(57) | 4(69) | 5(68) | 6(48) | 7(47) | 8(73) | 9(35) | 10(71) | 11(37) | 12(66) | 13(39) | 14(100) |
| 1 | van der Burgt Inès CA Rosé | 1:00:20 | 10:55 15:14 10:55 4:19 1:00:20 0:43 | 21:30 26:04 6:16 4:34 | 27:54 35:35 1:50 7:41 | 39:47 41:42 4:12 1:55 | 43:42 46:52 3:10 4:55 | 51:47 55:00 3:13 3:26 | 59:37 1:11 | | | | | | |
| 2 | Bührer Charlotte CA Rosé | 1:14:07 | 9:21 15:37 9:21 6:16 1:14:07 0:37 | 24:17 30:49 8:40 6:32 5:26 *32 | 36:11 45:13 9:02 5:12 | 50:25 56:05 5:40 2:08 | 58:13 1:00:41 1:05:43 1:08:28 1:12:11 1:13:30 | 1:08:28 1:12:11 1:13:30 | 1:19 | | | | | | |
| (4) | | | | 2.6 km | 135 m | 14 P | | | | | | | | | |
| | | 1(62) Arr | 2(49) | 3(42) | 4(57) | 5(46) | 6(61) | 7(33) | 8(48) | 9(73) | 10(71) | 11(43) | 12(51) | 13(66) | 14(100) |
| 1 | Marxer Rachel ol norska | 38:10 | 3:32 8:11 3:32 4:39 38:10 0:24 | 14:00 17:15 5:49 3:15 | 20:52 23:48 3:37 2:56 | 25:57 26:54 2:09 0:57 | 29:31 31:29 2:37 1:58 | 32:24 33:11 0:55 0:47 | 35:04 37:46 2:42 | | | | | | |
| 2 | High Heather CA Rosé | 50:33 | 6:28 15:07 6:28 8:39 50:33 0:34 | 20:36 24:45 5:29 4:09 33:44 *48 | 28:53 31:36 4:08 2:43 | 35:45 36:29 4:09 0:44 | 39:15 41:54 2:46 2:39 | 43:11 44:22 1:17 1:11 | 47:13 49:59 2:46 | | | | | | |
| 3 | Cuperus Yvana CA Rosé | 52:00 | 10:44 18:14 10:44 7:30 52:00 0:28 | 23:13 26:50 4:59 3:37 | 30:28 33:17 3:38 2:49 | 36:13 37:28 2:56 1:15 | 40:56 44:16 3:28 3:20 | 45:17 46:13 0:56 2:46 | 51:32 2:33 | | | | | | |
| | Kessler Marine CA Rosé | pm | 9:04 18:22 9:04 9:18 1:04:27 0:46 | 28:05 32:05 9:43 4:00 47:22 *32 | 41:36 ----- 9:31 | 49:17 50:48 7:41 1:31 | 55:03 56:35 4:15 1:32 | 58:13 ----- 1:38 | 1:03:41 5:28 | | | | | | |
| (2) | | | | 3.0 km | 175 m | 15 P | | | | | | | | | |
| | | 1(45) 15(100) Arr | 2(68) | 3(42) | 4(75) | 5(41) | 6(76) | 7(61) | 8(59) | 9(71) | 10(43) | 11(51) | 12(53) | 13(54) | 14(52) |
| 1 | Berger Sarah OLG Murten | 43:07 | 8:43 12:25 8:43 3:42 42:40 1:31 0:27 | 13:36 16:46 1:11 3:10 | 18:31 20:04 1:45 1:33 | 26:30 29:22 6:26 2:52 | 31:09 32:22 1:47 1:13 | 33:18 36:26 0:56 3:08 | 38:22 41:09 2:47 | | | | | | |
| 2 | Cudré-Mauroux Lau CA Rosé | 49:50 | 8:11 12:12 8:11 4:01 49:21 1:35 0:29 | 13:18 15:53 1:06 2:35 | 17:38 19:24 1:45 1:46 | 25:57 31:38 6:33 5:41 | 34:41 36:03 3:03 1:22 | 37:19 43:11 5:52 2:18 | 47:46 2:17 | | | | | | |
| (4) | | | | 3.2 km | 200 m | 18 P | | | | | | | | | |
| | | 1(60) 15(53) 16(66) 17(52) 18(100) Arr | 2(46) | 3(58) | 4(42) | 5(56) | 6(55) | 7(40) | 8(41) | 9(75) | 10(68) | 11(45) | 12(64) | 13(59) | 14(71) |
| 1 | Schubnell Lisa OLC Winterthur | 41:52 | 2:42 6:42 2:42 4:00 36:17 38:01 1:31 0:27 | 8:23 11:24 1:41 3:01 39:26 41:21 1:45 1:46 | 14:33 16:04 3:09 1:31 41:52 41:22 *100 | 18:51 21:04 2:47 2:13 41:22 41:22 *100 | 22:09 24:45 2:36 2:20 2:20 | 27:05 29:25 2:20 2:44 1:34 | 33:43 | | | | | | |
| 2 | Wellenreiter Celine OLG Thun | 44:30 | 2:34 3:27 3:27 2:48 41:36 2:47 2:03 | 6:15 7:51 1:36 3:17 42:53 1:17 1:14 | 11:08 14:46 3:38 1:27 44:07 0:23 | 16:13 18:38 2:25 2:24 | 21:02 22:21 1:19 2:45 | 25:06 27:37 2:31 2:31 | 30:08 34:36 4:28 2:10 | | | | | | |

| PI | NOM | Temps | | | | | | | | | | | | | | |
|--------------|--|---|--|---|--------------------------------------|--------------------------------------|---------------------------------------|----------------------|----------------------|----------------------|----------------------|------------------------|----------------------|----------------------|------------------------|------------------------|
| (4) | | 3.2 km 200 m | | | | 18 P | | | | <i>(suite)</i> | | | | | | |
| | | 1(60) 15(53) | 2(46) 16(66) | 3(58) 17(52) | 4(42) 18(100) | 5(56) Arr | 6(55) | 7(40) | 8(41) | 9(75) | 10(68) | 11(45) | 12(64) | 13(59) | 14(71) | |
| 3 | Hüni Corina OLG Thun | 44:52 | 2:43 2:43 40:03 2:23 | 5:12 2:29 41:44 1:41 | 6:45 1:33 43:06 1:22 | 9:32 2:47 44:25 1:19 | 12:39 3:07 44:52 0:27 | 13:56 1:17 | 16:18 2:22 | 18:04 1:46 | 19:05 1:01 | 21:57 2:52 | 24:19 2:22 | 25:37 1:18 | 35:56 10:19 | 37:40 1:44 |
| 4 | Schafer Loriane CA Rosé | 46:07 | 4:23 4:23 39:30 3:16 | 7:59 3:36 41:43 2:13 | 9:58 1:59 44:17 2:34 | 13:06 3:08 45:39 1:22 | 16:27 3:21 46:07 0:28 | 17:51 1:24 | 20:29 2:38 | 22:40 2:11 | 23:34 0:54 | 26:14 2:40 | 28:34 2:20 | 30:20 1:46 | 34:39 4:19 | 36:14 1:35 |
| (1) | | 3.0 km 175 m | | | | 15 P | | | | | | | | | | |
| | | 1(45) 15(100) | 2(68) Arr | 3(42) | 4(75) | 5(41) | 6(76) | 7(61) | 8(59) | 9(71) | 10(43) | 11(51) | 12(53) | 13(54) | 14(52) | |
| 1 | High Alison CA Rosé | 49:50 | 9:06 9:06 49:13 1:41 | 12:55 3:49 49:50 0:37 | 14:27 1:32 | 17:17 2:50 | 19:47 2:30 | 21:37 1:50 | 28:52 7:15 | 32:45 3:53 | 35:30 2:45 | 36:45 1:15 | 38:08 1:23 | 42:02 3:54 | 44:06 2:04 | 47:32 3:26 |
| (3) | | 2.5 km 160 m | | | | 14 P | | | | | | | | | | |
| | | 1(61) Arr | 2(49) | 3(68) | 4(42) | 5(76) | 6(41) | 7(46) | 8(64) | 9(44) | 10(59) | 11(43) | 12(51) | 13(52) | 14(100) | |
| 1 | Steiner Tabea OLG Hondrich | 1:03:49 | 5:41 5:41 1:03:49 0:32 | 16:23 10:42 5:28 | 21:51 2:19 5:28 | 24:10 2:19 4:59 | 29:09 4:59 | 31:20 2:11 | 36:43 5:23 | 40:52 4:09 | 42:42 1:50 | 53:12 10:30 | 57:31 4:19 | 58:53 1:22 | 1:01:47 2:54 | 1:03:17 1:30 |
| 2 | Brühlhart Aurélie CO Lausanne-Jorat | 1:05:30 | 4:36 4:36 1:05:30 0:36 | 23:11 18:35 7:19 *32 | 27:22 4:11 16:54 *45 | 29:42 2:20 58:00 *36 | 33:01 3:19 1:03:52 *39 | 35:11 2:10 | 40:51 5:40 | 45:02 4:11 | 46:30 1:28 | 54:17 7:47 | 58:25 4:08 | 59:54 1:29 | 1:02:35 2:41 | 1:04:54 2:19 |
| 3 | Guenzi Georgia Tous Azimuts Douai | 1:42:52 | 6:07 6:07 1:42:52 0:44 | 18:18 12:11 1:42:10 *100 | 25:11 6:53 8:11 | 33:22 8:11 | 37:26 4:04 | 41:00 3:34 | 51:07 10:07 | 1:14:08 23:01 | 1:16:39 2:31 | 1:24:18 7:39 | 1:29:04 4:46 | 1:33:51 4:47 | 1:39:19 5:28 | 1:42:08 2:49 |
| (1) | | 1.6 km 60 m | | | | 11 P | | | | | | | | | | |
| | | 1(47) | 2(34) | 3(33) | 4(32) | 5(35) | 6(71) | 7(36) | 8(37) | 9(38) | 10(39) | 11(100) | Arr | | | |
| | Fürst Yolanda - | pm 10:26 10:26 42:17 *43 | 12:38 2:12 | 18:54 6:16 | ---- | 33:38 14:44 | 36:51 3:13 | ---- | 50:26 13:35 | 54:33 4:07 | 58:47 4:14 | 1:01:21 2:34 | 1:02:58 1:37 | | 7:12 *34 | |
| Dames 35 (1) | | 3.0 km 175 m | | | | 15 P | | | | | | | | | | |
| | | 1(45) 15(100) | 2(68) Arr | 3(42) | 4(75) | 5(41) | 6(76) | 7(61) | 8(59) | 9(71) | 10(43) | 11(51) | 12(53) | 13(54) | 14(52) | |
| 1 | Preisig Rahel OLC Omström Sens | 1:06:59 | 19:29 19:29 1:06:21 1:42 | 24:14 4:45 1:06:59 0:38 | 27:43 3:29 | 31:05 3:22 | 33:25 2:20 | 35:55 2:30 | 44:09 8:14 | 48:19 4:10 | 50:30 2:11 | 52:21 1:51 | 53:28 1:07 | 57:25 3:57 | 1:00:26 3:01 | 1:04:39 4:13 |
| (1) | | 2.8 km 190 m | | | | 14 P | | | | | | | | | | |
| | | 1(64) Arr | 2(45) | 3(68) | 4(56) | 5(76) | 6(75) | 7(63) | 8(60) | 9(48) | 10(59) | 11(53) | 12(66) | 13(52) | 14(100) | |
| 1 | Rossier Marie-Claude CA Rosé | 1:07:23 | 6:07 6:07 1:07:23 0:48 | 9:42 3:35 6:06 | 15:48 7:04 6:06 | 22:52 7:04 5:18 | 28:10 5:18 | 31:05 2:55 | 35:19 4:14 | 40:23 5:04 | 49:17 8:54 | 51:23 2:06 | 58:02 6:39 | 1:01:23 3:21 | 1:03:33 2:10 | 1:06:35 3:02 |
| (4) | | 2.8 km 165 m | | | | 15 P | | | | | | | | | | |
| | | 1(44) 15(100) | 2(45) Arr | 3(68) | 4(75) | 5(41) | 6(76) | 7(63) | 8(61) | 9(48) | 10(59) | 11(71) | 12(53) | 13(66) | 14(52) | |
| 1 | Renaud Humbel Vér OLG Cordoba | 43:39 | 6:56 6:56 43:03 1:41 | 9:44 2:48 43:39 0:36 | 13:36 3:52 | 16:54 3:18 | 18:32 1:38 | 20:04 1:32 | 23:54 3:50 | 26:26 2:32 | 28:36 2:10 | 32:45 4:09 | 34:22 1:37 | 37:22 3:00 | 40:04 2:42 | 41:22 1:18 |
| 2 | Schafer Peggy CA Rosé | 55:49 | 9:10 9:10 55:16 1:45 | 13:01 3:51 55:49 0:33 | 19:26 6:25 | 24:15 4:49 | 26:32 2:17 | 28:37 2:05 | 33:55 5:18 | 36:54 2:59 | 39:04 2:10 | 40:59 1:55 | 43:07 2:08 | 48:03 4:56 | 50:37 2:34 | 53:31 2:54 |
| 3 | Probst Irène OLG Bern | 1:04:25 | 8:31 8:31 1:03:36 2:31 | 12:03 3:32 1:04:25 0:49 | 17:36 5:33 | 22:16 4:40 | 24:34 2:18 | 26:53 2:19 | 32:44 5:51 | 40:02 7:18 | 43:57 3:55 | 46:09 2:12 | 49:29 3:20 | 55:23 5:54 | 59:21 3:58 | 1:01:05 1:44 |

| PI | NOM | Temps | | | | | | | | | | | | | | | |
|-----|--|------------------|-----------------------------------|----------------------------------|-------------------------------|-------------------------------|---------------|------------------|-----------------|------------------|-----------------|------------------|-----------------|-----------------|-----------------|-----------------|--|
| (4) | | | | 2.8 km | 165 m | 15 P | (suite) | | | | | | | | | | |
| | | 1(44) 15(100) | 2(45) Arr | 3(68) | 4(75) | 5(41) | 6(76) | 7(63) | 8(61) | 9(48) | 10(59) | 11(71) | 12(53) | 13(66) | 14(52) | | |
| 4 | Jarvis Julia SO | 1:05:07 | 7:53 7:53 1:04:25 2:32 | 12:37 4:44 1:05:07 0:42 | 18:30 5:53 | 23:16 4:46 | 25:36 2:20 | 28:02 2:26 | 33:54 5:52 | 41:34 7:40 | 44:37 3:03 | 47:02 2:25 | 49:08 2:06 | 55:50 6:42 | 59:57 4:07 | 1:01:53 1:56 | |
| (1) | | | | 2.8 km | 165 m | 15 P | | | | | | | | | | | |
| | | 1(44) 15(100) | 2(45) Arr | 3(68) | 4(75) | 5(41) | 6(76) | 7(63) | 8(61) | 9(48) | 10(59) | 11(71) | 12(53) | 13(66) | 14(52) | | |
| 1 | Naceur Najla CO Lausanne-Jorat | 1:31:57 | 12:08 12:08 1:31:05 3:27 | 16:00 3:52 1:31:57 0:52 | 24:07 8:07 | 31:36 7:29 0:00 *48 | 37:52 6:16 | 42:21 4:29 | 50:54 8:33 | 1:00:54 10:00 | 1:03:38 2:44 | 1:06:28 2:50 | 1:09:50 3:22 | 1:18:30 8:40 | 1:25:00 6:30 | 1:27:38 2:38 | |
| (1) | | | | 2.5 km | 160 m | 14 P | | | | | | | | | | | |
| | | 1(61) Arr | 2(49) | 3(68) | 4(42) | 5(76) | 6(41) | 7(46) | 8(64) | 9(44) | 10(59) | 11(43) | 12(51) | 13(52) | 14(100) | | |
| 1 | Rupp Marianne OLG Thun | 1:18:02 | 5:54 5:54 1:18:02 1:00 | 19:28 13:34 | 25:21 5:53 | 33:56 8:35 | 37:50 3:54 | 40:16 2:26 | 46:23 6:07 | 52:18 5:55 | 54:23 2:05 | 1:04:52 10:29 | 1:09:27 4:35 | 1:11:01 1:34 | 1:13:55 2:54 | 1:17:02 3:07 | |
| (2) | | | | 2.5 km | 160 m | 14 P | | | | | | | | | | | |
| | | 1(61) Arr | 2(49) | 3(68) | 4(42) | 5(76) | 6(41) | 7(46) | 8(64) | 9(44) | 10(59) | 11(43) | 12(51) | 13(52) | 14(100) | | |
| 1 | Chatagny Eliane CA Rosé | 1:02:53 | 4:22 4:22 1:02:53 0:45 | 15:26 11:04 | 19:58 4:32 | 21:57 1:59 | 25:39 3:42 | 28:51 3:12 | 36:49 7:58 | 41:42 4:53 | 43:52 2:10 | 52:10 8:18 | 55:44 3:34 | 57:10 1:26 | 59:57 2:47 | 1:02:08 2:11 | |
| 2 | Pfister-Bieri Judith OLG Rymenzburg | 1:19:03 | 5:11 5:11 1:19:03 0:52 | 23:57 18:46 | 29:45 5:48 15:33 *45 | 37:41 7:56 20:45 *45 | 41:41 4:00 | 44:23 2:42 | 52:19 7:56 | 57:12 4:53 | 58:57 1:45 | 1:04:56 5:59 | 1:09:36 4:40 | 1:11:17 1:41 | 1:15:40 4:23 | 1:18:11 2:31 | |
| (2) | | | | 2.6 km | 135 m | 14 P | | | | | | | | | | | |
| | | 1(62) Arr | 2(49) | 3(42) | 4(57) | 5(46) | 6(61) | 7(33) | 8(48) | 9(73) | 10(71) | 11(43) | 12(51) | 13(66) | 14(100) | | |
| 1 | Favre Maateo CO Valais | 41:59 | 3:56 3:56 41:59 0:21 | 7:48 3:52 | 11:15 3:27 | 14:18 3:03 | 18:58 4:40 | 25:11 6:13 | 29:01 3:50 | 30:13 1:12 | 33:14 3:01 | 35:41 2:27 | 36:46 1:05 | 37:38 0:52 | 39:45 2:07 | 41:38 1:53 | |
| 2 | Moretti Cristina e Is CO Valais | 44:59 | 4:04 4:04 44:59 0:32 | 9:20 5:16 | 13:52 4:32 | 17:36 3:44 | 22:12 4:36 | 25:46 3:34 | 28:38 2:52 | 29:59 1:21 | 33:10 3:11 | 35:57 2:47 | 37:03 1:06 | 39:23 2:20 | 41:58 2:35 | 44:27 2:29 | |
| (6) | | | | 2.5 km | 130 m | 14 P | | | | | | | | | | | |
| | | 1(62) Arr | 2(46) | 3(57) | 4(69) | 5(68) | 6(48) | 7(47) | 8(73) | 9(35) | 10(71) | 11(37) | 12(66) | 13(39) | 14(100) | | |
| 1 | Favre Giulia CO Valais | 43:35 | 4:36 4:36 43:35 0:29 | 8:52 4:16 | 13:59 5:07 | 16:49 2:50 | 19:47 2:58 | 24:48 5:01 | 29:08 4:20 | 32:56 3:48 | 33:54 0:58 | 35:25 1:31 | 37:57 2:32 | 40:26 2:29 | 42:30 2:04 | 43:06 0:36 | |
| 2 | Humbel Lea Wiggli OLG Cordoba | 57:26 | 6:11 6:11 57:26 0:33 | 12:25 6:14 | 19:31 7:06 | 23:44 4:13 | 26:03 2:19 | 32:30 6:27 | 38:11 5:41 | 39:56 1:45 | 41:58 2:02 | 44:34 2:36 | 48:47 4:13 | 51:51 3:04 | 55:42 3:51 | 56:53 1:11 | |
| 3 | Chapuis Bernard - | 1:22:04 | 10:27 10:27 1:22:04 1:06 | 17:27 7:00 | 26:56 9:29 | 33:31 6:35 | 37:40 4:09 | 45:48 8:08 | 49:43 3:55 | 52:51 3:08 | 56:40 3:49 | 59:10 2:30 | 1:05:31 6:21 | 1:15:22 9:51 | 1:19:04 3:42 | 1:20:58 1:54 | |
| 4 | Sébastien Berger A GCO Gruyère | 1:23:58 | 12:02 12:02 1:23:58 0:42 | 20:19 8:17 | 31:47 11:28 | 40:43 8:56 | 45:42 4:59 | 54:48 9:06 | 59:45 4:57 | 1:05:27 5:42 | 1:07:34 2:07 | 1:10:12 2:38 | 1:15:05 4:53 | 1:17:59 2:54 | 1:21:39 3:40 | 1:23:16 1:37 | |
| 5 | Carron Jonas CO Valais | 1:30:37 | 7:04 7:04 1:30:37 0:41 | 37:41 30:37 | 43:16 5:35 | 48:12 4:56 | 50:07 1:55 | 1:05:05 14:58 | 1:07:51 2:46 | 1:10:16 2:25 | 1:12:52 2:36 | 1:16:44 3:52 | 1:20:56 4:12 | 1:23:19 2:23 | 1:29:02 5:43 | 1:29:56 0:54 | |
| | Rytz Renaud Domin ANCO | | 15:46 15:46 55:56 0:28 | 25:00 9:14 | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | 44:52 19:52 | ----- | ----- | 55:28 10:36 | |

